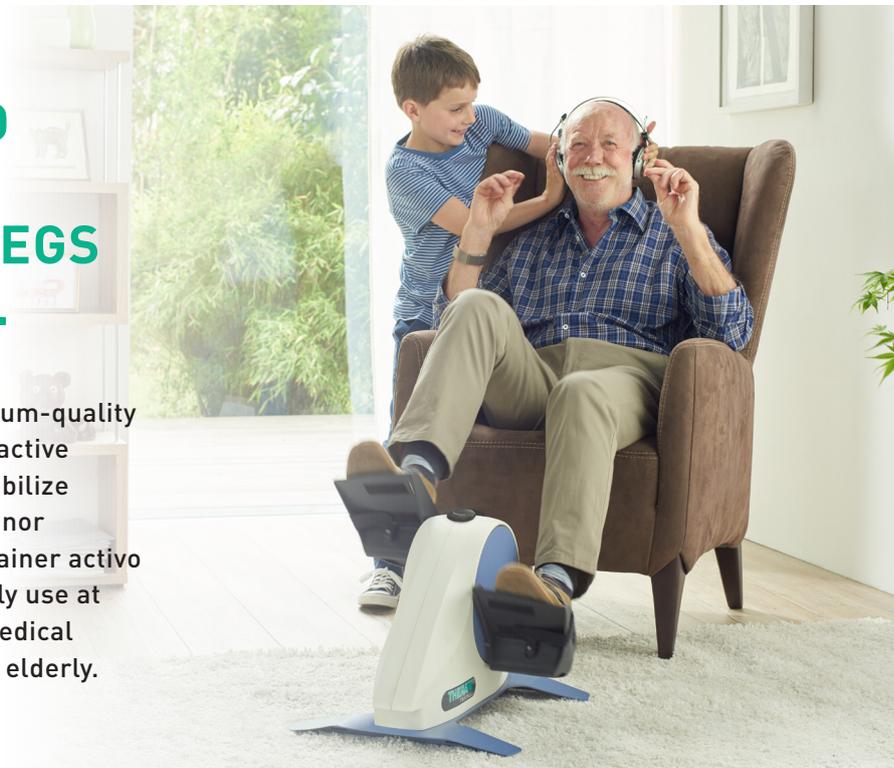


THERA-TRAINER ACTIVO 574

THERA[®]
TRAINER

...THE SMALL AND HANDY ACTIVE EXERCISER FOR LEGS AND UPPER BODY.

THERA-Trainer activo 574 is a premium-quality leg and upper body exerciser for an active muscle training. It is designed to mobilize elderly persons and persons with minor physical impairment. The THERA-Trainer activo was developed especially for the daily use at home or the mobile use in clinics, medical practices and nursing homes for the elderly.



FOR ACTIVE PEOPLE

The THERA-Trainer activo 574 is designed for persons with limitations in terms of mobility, power, endurance, metabolism or respiration because of maturity, disease or accident. The THERA-Trainer activo is particularly suitable for stroke, multiple sclerosis, Morbus-Parkinson, diabetes mellitus, rheumatism, arthrosis and dementia.

REGULAR ACTIVITY HELPS

- maintaining mobility
- maintaining and strengthening muscular power
- activating cardiovascular system
- increasing of endurance
- improving respiration
- activating metabolism
- more satisfaction and mental stability

PRODUCT SPECIFICATIONS

Basic Equipment

| | |
|---------------------------------|---|
| Base Unit | <ul style="list-style-type: none"> - enables active movement training - stable metal frame - height adjustable rubber feet - crank disc without shearing points - crank radius 90 mm - durable and quiet brake mechanism - stepless adjustment of brake resistance |
| Foot Rests | <ul style="list-style-type: none"> - with safety edge - with hook-and-loop band for securing the feet - washable and sanitizable - exchangeable tool-free with interlock system |
| Therapy Grips | <ul style="list-style-type: none"> - with three ergonomic grip positions - exchangeable tool-free with interlock system - washable and sanitizable |
| Control and Display Unit | <ul style="list-style-type: none"> - easiest operation to read important trainings parameter - display of rpm, calories, number of revolutions and training time - easy to clean case - on battery power |

Technical Data

| | |
|------------------------------------|--|
| Dimensions | L X W X H = ca. 50 x 46 x 38 cm (19,69 x 18,11 x 14,96 inch) |
| Weight | with foot rests (leg exercise): 10,9 kg (24 pound) with therapy grips (upper body exercise): 9,8 kg (21,6 pound) |
| Battery | AAA (LR03) 1,5 V |
| Speed Range Active Exercise | 1 - 90 rpm |
| Noise Emission | LpA > 70 dB (A) |
| Permitted User Weight | up to 140 kg (308,64 pound) |
| Permitted User Height | 120 - 200 cm (47,24 - 78,74 inch) |
| Medical Product Class | I |
| Standards | CE includes: DIN-EN 12182 DIN-EN 13485 Medical device directive 93/42/EEC Machinery directive 2006/42/EC |